



ELEMIS
LONDON



eagles palace
HALKIDIKI



eagles villas
HALKIDIKI

A TRUE SACNTUARY OF THE SENSES AT EAGLES RESORT

SPA THERAPIES MENU



ELEMIS
LONDON

**EAGLES Spa therapists are
ELEMIS trained.**

They look. They listen. They tune in to you, performing transformative treatments, personalised to respond to the ever-evolving rhythm of your life and the treatments are designed to support great skin health; to respect that skin is alive. No two skins are the same. And no two bodies are the same. Every spa therapy is shaped and moulded around you, for a results-driven, personalised experience. ELEMIS pushes the boundaries to develop unique textures, ground-breaking formulations and conduct clinical trials to confirm what we already know; that ELEMIS delivers real results.



EAGLES SIGNATURE THERAPIES

EAGLES Signature Journey powered by ELEMIS 120mins

This powerful Signature Experience combines a high level of relaxation for the body and an Intensive Renewal for the Face. The two-hour journey begins with a Relaxing Massage with nourishing oils and a nurturing Rose Balm that will comfort your skin and ground your spirit. Your skin will be deeply moisturised, intensely suppled and deliciously scented with the aromatic oils of Chamomile and Lavender used in the massage. The second hour of this experience is the powerful synergy of Advanced technology, nature and hands-on therapy with an ELEMIS BIOTEC Radiance Facial. Using a ceramic Ultrasonic Spatula that pumps vibrational energy into the skin, we will exfoliate and stimulate the removal of impurities and dead skin cells; Then we use galvanic current and the power of Elderberry and Orange extracts to restore moisture and vitality. The result will be a 'Top-to-Toe' rejuvenation. Your skin will be radiant, supple and in good health, whilst your movement will feel light as if you are flying on cloud nine.

EAGLES Spiritual Back Massage & Mediterranean Green Fig Facial 60mins

This signature treatment has been designed by ELEMIS exclusively for Eagles Spa. It reflects on the spirituality of the location and the precious Green Fig extracts and their benefits for skin cellular regeneration. The treatment begins with an inhalation of a relaxing botanical blend to get your spirit and body to a state of calmness and tranquillity. You are then treated to a deep muscle release Back Massage with a deeply relaxing botanical blend, before you enjoy a Green Fig Booster Facial. Expect radiant skin with not irritations, full of life and brightness. You will be transported to a beautiful place of tranquillity where stress and worries are non-existent.



CLASSIC ELEMIS MASSAGE THERAPIES

ELEMIS Deep Tissue Massage 30/60/90min

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

ELEMIS Hot Stone Massage 30/60/90mins

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones and introduces client to a new level of touch and relaxation.

ELEMIS Frangipani Head & Scalp Massage with Back Massage 60mins

This scalp Massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head.

ELEMIS Aromatherapy Massage 60/90 minutes

This is a lavishly hydrating body massage based on the concept of aromatherapy. The skin is anointed with nourishing oils chosen to uplift your spirit, relax your senses, empower your strength or calm you down whilst a bespoke massage comforts the skin in all its glory. Skin is left exquisitely moisturised, intensely supple and deliciously scented.



ELEMIS Poultice-Powered Muscle Release 60mins

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus, and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.

CBD Relaxing Massage 60mins

The ultimate relaxation experience that combines the healing properties of cannabidiol (CBD) with techniques that melt away tension, calm the mind and rejuvenate the body. The natural anti-inflammatory and analgesic properties of CBD penetrate deeply, easing soreness and promoting a profound sense of relaxation that better your sleep patterns and enhance your mindful moments.

Eagles Spa Stress Relieving Body Massage 55mins

This massage concentrates on soothing away Tiredness, stress, and alleviating tension, including relaxation to the body and mind.

Eagles Spa Anti- stress back massage 25mins

Concentrating on the back, neck and shoulders the masseur will help to relieve stress and tension from your muscles.

ADD-ONS:

Theragun Percussive Therapy

PREGNANCY THERAPIES

ELEMIS Peaceful Pregnancy Massage 75mins

This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted - along with wisdom, empathy and respect.



MEDI-SPA CORNER HIGH-TECH FACIALS

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the ELEMIS BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Thriving, visibly healthy and energised skin.

RADIANCE + REVIVE FACIAL 50mins

Revive tired skin with our advanced Ultrasonic Peel Technology teamed with Oxygen Infusion to plump and Galvanic to nourish leaving your skin rebalanced, nourished and radiant.

SMOOTH + POLISH FACIAL 50mins

Reset uneven skin tone and texture with our Ultrasonic Peel to refine, Led Light to re-energise and Galvanic to nourish, revealing bright, polished and smooth skin.

LIFT + REJUVENATE FACIAL 50mins

Restore your skin's vitality with our targeted Microcurrent technology for the ultimate lift, Ultrasonic Peel to gently exfoliate and Oxygen infusion to plump. Skin will appear renewed, toned and firmer.

SCULPT + FIRM FACIAL 80mins

Our ultimate treatment, this multi-faceted facial is customised to target your skin needs using all 5 BIOTEC technologies for a transformative facial experience like no other, leaving skin revitalised, strengthened and defined.

iS Clinical - Fire & Ice Facial (The Red Carpet Facial) 60mins

Experience the resurfacing and rejuvenation of the legendary Fire & Ice Facial. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Often referred to as the "Red Carpet Facial", it has been the go-to treatment of celebrities and non-celebrities alike for its effective benefits. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles - all with little to no downtime.



ELEMIS EXPERT™ TOUCH

NOURISH FACIAL 50mins

Boost skin radiance with our triple cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.

REVEAL FACIAL 50mins

Powered by our patented Tri-Enzyme technology this facial helps to minimise the look of pores and uneven skin texture, revealing skin that looks visibly resurfaced, smoothed and glowing.

RENEW FACIAL 50mins

Improve skin firmness, whilst reducing the look of fine lines and wrinkles without clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

DEFINE FACIAL 75mins

This innovative facial captures the power of clinically proven intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted looking skin.

ELEMIS FOR MEN

FACE TECHNOLOGY

SCULPT + FIRM FACIAL 60mins

Our ultimate treatment, this multi-faceted facial is customised to target your skin needs using all 6 BIOTEC technologies for a transformative facial experience like no other, leaving skin revitalised, strengthened and defined.

FACE TOUCH

NOURISH FACIAL 50mins

Boost skin radiance with our triple cleanse facial infused with a blend of antioxidant-rich facial oils, leaving your skin feeling nourished, rebalanced and revived.



ELEMIS BODY RITUALS

Cleansing mineral salts, oil blends rich in actives and transportive aromatics are combined with an unparalleled level of expertise in massage and conditioning. For healthy, revitalised skin and deeply eased muscles.

SCRUBS & WRAPS

ELEMIS Body Nectar Nourishing Frangipani Wrap 60mins

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani 30mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

DETOX & CELLULITE

ELEMIS Thousand Flower Detox Wrap 60mins

This nutrient-rich detox wrap uses the deeply nourishing Green Tea Balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

ELEMIS Cellutox Aroma Spa Wrap 75mins

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richest of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

ELEMIS Targeted Toning Tightener 30mins/90mins

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

(You can choose a localised treatment: Arms, Hips & Thighs, or Abdomen)



BOTEM - RADIO HIGH FREQUENCY TECHNOLOGY

RF & VACCUM & LED THERAPY

Botem stimulates new collagen as well as decomposition of fat.

BOTEM FACIAL 45mins

The treatment integrates the Triple P System which includes the three different types of technology Power-RF, Power Suction and Power-LED resulting in increasing microcirculation, renewing collagen production, improving elasticity and fighting fine lines and wrinkles while forming the oval of the face, normalizes sebum secretion preventing acne.

BOTEM BODY 60mins

The treatment integrates the Triple P System which includes the three different types of technology Power-RF, Power Suction and Power-LED resulting in rising Basal Metabolic Rate up to 7%, breaking down existing fat cells, increasing skin elasticity, increasing blood circulation, lymphatic drainage, fighting cellulite, and at the same gives a relaxing sensation.

BOTEM ADD-ON 20mins

BOTEM can be added to any ELEMIS Face or Body in order to enhance slimming, detoxification, tightening, anti-aging treatments and all of these can happen while you rest.

Choose the area of concern

- Buttocks / Upper Legs
- Abdomen
- Arms
- Lower Legs

ELEMIS RITUALS

'SKINTOX' - DETOX RITUAL

Intensely Cleansing Salt Scrub 30'
Thousand Flower Detox Wrap 60'

LIFT & FIRM TOP TO TOE

Targeted Toning Tightener 90'
BOTEM body 60'

PURE RELAXATION 3 DAYS

Freestyle Deep Tissue Massage 90'
Aromatherapy Massage 60'
Best Foot Forward Foot Treatment 30'
Eagles Spa Stress Relieving Body Massage 60'

HANDS & FEET

Garden of England Rose Restore Hand Treatment 30mins

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

Best Foot Forward 30mins

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

MEN'S ESCAPE 2 OR 3 DAYS

Freestyle Deep Tissue Massage 90'
Nourish Facial 50'
Best Foot Forward Foot Treatment 30'
Aromatherapy Massage 60'.

FULL-ON RENEW AND RETREAT - ELEMIS ROYAL PACKAGE 5-6 DAYS

Smooth + Polish Facial 60'
Intensely Cleansing Salt Scrub 30'
Thousand Flower Detox Wrap 60'
Aromatherapy Massage 60'
BOTEM Body 60' x 2
Garden of England Rose Restore Hand Treatment 30'
Best Foot Forward Foot Treatment 30'

WAXING

Half leg wax
Full leg wax
Arm wax
Under arm wax
Bikini line wax
Full bikini wax
Lip & chin wax
Back wax men
Chest wax men
Eyebrows shaping

MANICURE & PEDICURE MEANING

Eagles Spa Manicure 30-50min
Eagles Spa Pedicure 40-60min
Nail Polish 15-25min
Gel Colour 30-40min
Removal of Gel 15min

SPA USAGE

The use of the swimming pool and jacuzzi is free of charge. Whenever you feel like using the spa cabins (Sauna, Hammam-Steam room, Rasul-Laconium, Salt room) is free of charge.

MAKE UP WITH MAC COSMETICS

Day make up
Evening make up
Bridal make up
Make up lesson





SPA ETIQUETTE

Please arrive 15 minutes before your treatment. Prior to your treatment you will be requested to complete a lifestyle questionnaire.

- We request a minimum of 4 hours cancellation notice for a single treatment or 24 hours advance notice for rituals.
- Without notification you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.
- Please remove all jewellery and clothing, leaving on your undergarments.
- Please make sure that your valuables are kept in your locker. The management cannot be held responsible for the loss of any personal possessions.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too fir.
- Your comfort and care are our greatest concern priority.
- If you have a particular injury or physical condition, please explain it to the therapist.
- They can suggest appropriate adjustments to the treatment for your comfort and enhancement.
- There is no pressure to talk during the treatment. it is entirely up to you.
- If you have any questions or would like to talk, certainly do so, the therapist will take their cues from you.
- If you are quiet, they will too.
- Mobile phones are not permitted in Eagles Spa.
- This is the time for your body and mind to release the worries and stress of the day.
- We hope you enjoy the interlude of pampering and relaxation.
- Ensuring our guests relaxation children under the age of 16 should not enter the spa area.
- Smoking is not permitted in eagles spa.

FAMILY SPA HOURS TUESDAY -THURSDAY -SUNDAY 09.00-11.00.





eagles palace

HALKIDIKI



eagles villas

HALKIDIKI



WORLD SPA
& WELLNESS

FINALIST AWARDS 2019

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Spa working hours 09:00-20:00

Monday to Sunday